

Hotlines

Suicide Prevention Lifeline

1-800-273-TALK (8255)

Teen Line

Text TEEN to 839863

PermiaCare Crisis Hotline

1-844-420-3964

Crisis Text Line

Text HELLO to 741741

Crisis Support Network

1-800-435-7276

LGBT National Help Center

888-843-4564

Substance Abuse and Mental Health

Services Administration

1-800-662-HELP (4357)

RAINN (Rape Abuse & Incest National Network)

800-656-HOPE (4673)

National Eating Disorder Association

800-931-2237

The National Domestic Violence Hotline

800-799-SAFE (7233)

LovelsRespect

1-866-9474

National Human Trafficking Hotline

1-888-373-7888

National Runaway Safeline

1-800-RUNAWAY

Texas Abuse Hotline

1-800-252-5400

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